

Parent & Child Activity Calendar

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THE PARENT INSTITUTE

Parent & Child Activity Calendar

Early Childhood Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 This is the first day of the year. Discuss the meaning of <i>first</i> . For example, breakfast is the <i>first</i> meal of the day.	2 Let your child see you keep your temper when you are angry. Talk about how you feel instead of yelling.	3 Look through a calendar and point out some special days, such as your child's birthday.	4 Take out your child's baby book and look through it with her. Read it and tell her stories about herself.	5 Talk about your child's favorite winter activity; then do it together.	6 Ask your child to tell you the three best things about him.	7 Give your child play dough, a rolling pin and some cookie cutters. Let her cut out "cookies."
8 Look through newspapers, magazines and catalogs to find pictures of different forms of transportation.	9 Search together for things that are red, blue, green, yellow, red and blue, etc.	10 Involve your child in a job you have been meaning to do. Organizing toys is a great idea.	11 Cut straws into different lengths. Encourage your child to line them up shortest to longest.	12 Walk together in different ways—slowly, quickly, lightly, heavily, on tip-toes—to different kinds of music.	13 Let your child follow three-step directions, such as, "Go inside, take off your shoes and put them in the closet."	14 Ask your child to draw a picture of himself today. Was he feeling happy, sad, confused, angry?
15 Have an indoor picnic. Spread a blanket on the floor and play music. Let your child help choose the menu.	16 Ask your child to stand on one foot. Count how long she can balance. Now have her try the other foot.	17 Have a pretend phone call with your child. Talk about what he did yesterday and what he wants to do tomorrow.	18 Have your child pretend to have a magic carpet that can fly anywhere. Where would she go? What would she see?	19 String a macaroni necklace with your child. Have him count each piece as he strings it.	20 Have your child draw or paint a picture of the place where you live.	21 Draw or scribble to music. Give your child crayons and a large sheet of paper. Put on some favorite music.
22 Tell your child three things that you love about her. Have her tell you three things that she loves about you.	23 Does your library have a list of recommended books for preschoolers? Check out some to read to your child.	24 Cut out shapes from paper (triangle, rectangle, square, circle). Your child can arrange them to form a boat.	25 Go on a color shopping trip. Make a list of colors with your child. Try to find one item of each color in your house.	26 Make a letter tree. Hang new letters from the tree as your child learns them.	27 Ask your child to give you words that rhyme with words you say: <i>clap</i> (tap), <i>walk</i> (talk), <i>cut</i> (put).	28 Ask your child, "What if your favorite animal lived in your room?"
29 Play a board game as a family this evening.	30 Help your child make a card for a family member. He can draw on the front, and you can write on the inside.	31 Make a pretend post office out of a box. Write a special note to your child and let her find it. Read it together.	<h1>January 2012</h1>			